



## Complex Health Challenges - Comprehensive Care

When one has a winning smile, loves music and is a genius on the computer, you'd think life would be rosy. Luckily 18 year old Ethan\*, who resides at Spaulding and attends a public school nearby, makes a habit of looking on the bright side of life. Ethan's parents are deceased and his only contact with relatives is with his grandmother. He was born with a congenital cardiac deformity which was corrected at birth with surgery and suffers from hearing loss, hydrocephalus and DiGeorge syndrome, a genetic condition causing learning delays and spasms as well as behavior, feeding and gastrointestinal issues. Since Ethan has been at Spaulding, he has had his heart valve replaced, he has suffered from a bacterial infection in his heart, and he has had his shunt replaced twice. For each procedure, staff members from Spaulding stayed with him in the hospital day and night. Upon release Spaulding's Health Services staff partnered with the VNA and an infusion company to

provide six weeks of antibiotics through an IV. Ethan is one of many students at Spaulding who presents unique and ongoing challenges to our dedicated professionals.



Northeast Delta Dental Foundation donated \$4,500 for a pilot program to provide specialized training to interns from NHTI to help children and youth with special needs. Intern Marissa Boisvert cleans a student's teeth as Sherry Donaldson, R.D.H. from Dr. James B. Manning's office coaches.

Our Health Services Department is headed up by Kay Romero, RN, BSN who is a member of the Spaulding Management Team and has worked at Spaulding for 16 years. Kay speaks highly of her professional staff of nine, including contractor/consultant Evie Stacy, MS, APRN, who works on campus part time and is on call seven days a week, 24 hours a day. Kay can't say enough about the high quality of multiple services provided by Evie who has a unique skill set that enables Spaulding to offer comprehensive care to students with severe and multiple challenges. Evie is a certified Pediatric Nurse Practitioner as well as a Child and Adolescent Psychiatric Nurse Practitioner and is familiar with all the students on campus with medical needs.

The nursing staff recently moved into a larger, newly renovated space on campus. The spacious unit has an exam room modeled to look like a hospital exam room (to help children desensitize), a comfortable infirmary with toys, games and books, a well-organized medication room and lots of offices and storage. The cheery atmosphere is due to the sunlight streaming in all day, the view of the mountains and the positive attitude displayed by everyone in the department.

\*Pseudonym used to protect the privacy of the individual.

### SPAULDING BY THE NUMBERS

- 7** miles of trails open to the public in Spaulding Woods
- 30** tons of salt used this winter
- 32** school districts currently sending students to Spaulding
- 1,000** hours of snow removal this winter
- 10,512** shingles to re-roof the Cutter-Wiggins building

### OUR MISSION:

To leverage our professional expertise to help young people with autism or other developmental and/or behavioral challenges learn the academic and life skills needed to be successful in their homes, schools & communities.

[spauldingyouthcenter.org](http://spauldingyouthcenter.org)



Every child deserves a childhood



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## A LEADER AT SPAULDING - AMANDA CHAMPAGNE

Follow Amanda Champagne around for a week and you'll be exhausted. Amanda started working at Spaulding as a residential substitute with a high school diploma in 2000 and has worked her way up to Residential Director with a BA in Psychology. Upon her promotion to Director of Residential Services in November, Dr. Melissa Blanock, Director of Program Quality Assurance commented, "Amanda brings to her new role 14 years of experience at Spaulding, providing exemplary residential services to a variety of students. She is also an excellent resource to staff through solid supervisory support and leadership. The Residential Department and the entire campus will benefit from Amanda's knowledge of the field of residential services, dedication to quality care and active support of staff and students."

Currently Amanda is continuing her education online (a commitment of 20 hours per week) and expects to graduate this year with a Master's Degree in psychology with a concentration in child and adolescent development. Because of her ability as a leader, her high grades and her volunteerism, Amanda was inducted into The National Honor Society, Sigma Alpha Pi.

Work and school are only part of the story - Amanda and her husband are raising four young boys including one with special needs. Due to their boys attending four different schools and being avid soccer players they are pulled in many directions daily. Volunteer work, college courses, children's activities, household responsibilities, full-time employment, three dogs, two cats, a fish and a hermit crab - how do you do it all, Amanda?

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## Spaulding Youth Center

### Daniel Webster Society Welcomes New Member

A long-time supporter, Carol Krueger, of Akron, Ohio, joined the Daniel Webster Society this past fall. Her mission has been to honor her husband's memory while supporting the arts program at Spaulding. Her husband Robert was a Spaulding Youth Center Board Member from 2001 to 2004 and an avid supporter of the arts as well. Last fall Carol made a trip to Spaulding where we were pleased to honor her for her commitment to Spaulding's students. Her visit coincided with the dedication of the "Circle of Dreams," an aerial sculpture made possible by the Visiting Artists' program, supported by Carol, her family and friends and other generous donors. Carol was presented with a basket of "made-in-New Hampshire" goodies.

Daniel Webster Society membership is open to all who wish to ensure a promising future for deserving children, youth and their families by making a bequest and/or including Spaulding in their estate plans.



**Winter Carnival - Iditarod Theme**  
Each class created a sled with an Alaskan theme. This happy musher enjoys the ride.

Editor: *Gail C. Mayhew*  
Photography: *Fabio Brandao and Gail Mayhew*

**DONATE TODAY AT**  
[spauldingyouthcenter.org/give](http://spauldingyouthcenter.org/give) or by contacting us at 603-286-7500 or [foundation@spauldingyouthcenter.org](mailto:foundation@spauldingyouthcenter.org)